



Department of Education
Region III – Central Luzon
DIVISION OF CITY SCHOOLS DepED
Angeles City



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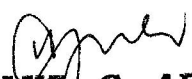
October 30, 2013

DIVISION MEMORANDUM
No. 68 S. 2013

**RIGID TRAINING OF ANGELES CITY ATHLETES
TO CLRAA MEET - 2**

**TO: Public School District Supervisors
Heads of Public and Private Elementary
and Secondary Schools**

1. The **Central Luzon Regional Athletic Association (CLRAA) Meet- 2** will be held at **Iba, Zambales** on **December 8 - 13, 2013**.
2. This will be participated in by the selected athletes, coaches, trainers, chaperons, meet and officiating officials from the twenty (20) divisions of the Region (Region III-Central Luzon)
3. Prior to the participation of Angeles City Athletes, there will be eight (8) days **Rigid Training (LIVE-OUT)**, which will start on **November 27 to December 4, 2013** at different training venues.
4. The objective of the training is to prepare athletes on their competitiveness in their respective sports events for the CLRAA Meet – 2 and to develop among themselves sportsmanship and camaraderie.
5. It is desired that the selected best athletes, coaches, trainers and chaperons be excused from their classes during the duration of the rigid training.
6. A general meeting of all coaches, chaperons, trainers, delegation meet and officiating officials will be held on **December 5, 2013, 2 p.m. at the Division Learning Center, Gabaldon Building, Angeles City**.
7. Attached are the sports' events included in the training.
8. Wide dissemination and compliance of this Memorandum is desired.


LUZ C. ARRIOLA
OIC-Schools Division Superintendent
2013

SPORTS' EVENTS FOR LIVE-OUT RIGID TRAINING

ELEMENTARY LEVEL

1. Athletics Boys and Girls
2. Badminton Boys and Girls
3. Basketball Boys
4. Chess Boys and Girls
5. Football
6. Sipa
7. Swimming Boys and Girls
8. Table Tennis Boys and Girls
9. Taekwondo Boys and Girls
10. Tennis Boys and Girls
11. Volleyball Boys and Girls
12. Baseball
13. Softball

SECONDARY LEVEL

1. Athletics Boys and Girls
2. Badminton Boys and Girls
3. Basketball Boys and Girls
4. Chess Boys and Girls
5. Football
6. Sepak Takraw
7. Swimming Boys and Girls
8. Table Tennis Boys and Girls
9. Taekwondo Boys and Girls
10. Tennis Boys and Girls
11. Volleyball Boys and Girls
12. Arnis Boys and Girls
13. Baseball
14. Softball Girls
15. Billiard